

the ultimate digital DOG CARE PLANIER

THE ESSENTIAL DOG OWNER'S WORKBOOK AND TRACKER FOR MANAGING YOUR DOG'S DAILY LIFE



PHOTO	PET PROFILE INFORMATION
	ABOUT MY PET
	NAME:
	DATE OF BIRTH:
	GENDER:
	BREED:
	CHIP ID #:
BLOOD TYPE:	SPAYED/NEUTERED: YES NO DATE:
ALLERGIES:	ADOPTED: YES NO SHELTER:
EYE COLOR:	MEDICAL CONDITIONS:
FUR COLOR:	FAVORITE ACTIVITIES:
SPECIAL MARKINGS:	FAVORITE TOYS:
VETERINARIAN INFORMA	TION
VET CLINIC	
CLINIC NAME:	ADDRESS:
VETERINARIAN NAME::	
CLINIC PHONE #:	



IMPORTANT CONTACTS

VET CLINIC			
CLINIC NAME:		ADDRESS:	
VETERINARIAN NAME::			
CLINIC PHONE #:			
GROOMER			
NAME:			
ADDRESS:			
PHONE #:		EMAIL:	
SITTER			
NAME:			
ADDRESS:			
PHONE #:		EMAIL:	
OTHER CONTACTS			
NAME:	PHONE #:		RELATIONSHIP:
NAME:	PHONE #:		RELATIONSHIP:
NAME:	PHONE #:		RELATIONSHIP:



GENERAL INFORMATION

	WATION		
ABOUT MY PET			
PET NAME:		☐ FEMALE ☐ MALE	
MICROCHIP#:	TYPE/BREED:	AGE:	
FUR COLOR/MARKINGS:		SPAYED/NEUTERED: YES NO	
HEALTH/WELLNESS			
MEDICATIONS:			
ALLERGIES:			
INJURIES OR ISSUES:			
CONTACT			
NAME:	PHO	NE #:	
NAME:	PHO	NE #:	
VETERINARIAN NAME:	CLIN	IC NAME:	
DAILY ROUTINE	NOTES (schedule, for	od, water, treats, walks, etc)	
**			
			_
			_



GROOMING NOTES

PET NAME:	
TIME/DATE:	COST:
GROOMER:	PHONE #:
SERVICES/TREATMENTS:	
PET NAME:	
TIME/DATE:	COST:
GROOMER:	PHONE #:
SERVICES/TREATMENTS:	
PET NAME:	
TIME/DATE:	COST:
GROOMER:	PHONE #:
SERVICES/TREATMENTS:	
PET NAME:	
TIME/DATE:	COST:
GROOMER:	PHONE #:
SERVICES/TREATMENTS:	
PET NAME:	
TIME/DATE:	COST:
GROOMER:	PHONE #:
SERVICES/TREATMENTS:	



EMERGENCY & FIRST AID Checklist

EMERGENCY INFORMA	ATION	
VETERINARIAN INFORMATION		
VETERINARIAN NAME & ADDRESS:		
VETERINARIAN PHONE NUMBER:		
VETERINARIAN CLINIC ADDRESS:		
CLINIC EMERGENCY PHONE NUMBER:		
EMERGENCY & FIRST A	ID NOTES	
X X		
FIRST AID SUPPLIES FO	R KIT	
PET-SAFE BANDAGES AND GAUZE ADHESIVE TAPE ANTISEPTIC WIPES OR SOLUTION HYDROGEN PEROXIDE (3%) DIGITAL THERMOMETER COTTON BALLES/SWABS TWEEZERS STYPTIC POWDER STERILE SALINE EYEWASH ANTIBIOTIC OINTMENT	DISPOSABLE GLOVES INSTANT COLD PACK RECTAL THERMOMETER PET-FRIENDLY PAIN RELIEVER TICK REMOVER TOOL PETROLEUM JELLY ACTIVATED CHARCOAL VET WRAP SMALL SYRINGE EMERGENCY CONTACT CARD	



VISITS TO VETERINARIAN

PET NAME:	
DATE OF VISIT:	VETERINARIAN'S NAME:
REASON FOR VISIT:	
DIAGNOSIS/TREATMENT:	
MEDICATIONS:	
INSTUCTIONS/NOTES:	
PET NAME:	
DATE OF VISIT:	VETERINARIAN'S NAME:
REASON FOR VISIT:	
DIAGNOSIS/TREATMENT:	
MEDICATIONS:	
INSTUCTIONS/NOTES:	
PET NAME:	
DATE OF VISIT:	VETERINARIAN'S NAME:
REASON FOR VISIT:	
DIAGNOSIS/TREATMENT:	
MEDICATIONS:	
INSTUCTIONS/NOTES:	



VACCINATIONS

PET NAME	VACCINATION	NEXT VISIT	NOTES



FLEA, TICK & WORM MEDS Tracker

MEDICATION LOG

PET NAME	DATE	MEDICATION	DOSAGE	NEXT DOSE



ALLERY DOCUMENTATION

DETALANCE	DATE	ALLEDVICA ARTOLIC	TDE ATA (EVIT /VIOTE)
PET NAME	DATE	ALLERY/SYMPTOMS	TREATMENT/NOTES



PET MEDICATION Tracker



% % % % % %

TRACKER

PET NAME	DATE	TIME	MEDICATION	DOSAGE	NOTES
		AM: PM:			



DOG STOOL Chart



LOOKS LIKE THIS...



Red or Black

The presence of red in a dog's stool signifies fresh blood, whereas black, tarry stool is indicative of older blood. Black stool suggests bleeding somewhere deeper within the dog's gastrointestinal tract, while red indicates more superficial bleeding.



Orange, Yellow or Pale

Stools of these colors in dogs could be a sign of liver or biliary disease. The unusual coloration is often related to issues in the processing of bile or liver function. Changes in stool color like this can also indicate problems with digestion or nutrient absorption, requiring closer observation.



Runny

Runny stool in dogs can range from a reaction to eating something they shouldn't have, to an infection with Giardia, an intestinal parasite. If the diarrhea is explosive, bloody, and foul-smelling, it could be a symptom of Parvovirus, a serious and often fatal condition.



Hard

Hard stool in dogs can indicate dehydration, ingestion of a foreign object, or a diet high in bones or rawhide chews, which may cause difficulty in passing stool. Insufficient fiber or inadequate exercise can also contribute to this issue.



Foul-Smelling

Stool that has an exceptionally bad odor can be a sign of parasites, infection, irritable bowel syndrome, or malabsorption syndrome. Such conditions often affect the digestion and absorption of nutrients, leading to smelly feces.



White or Tan Flecks

The appearance of white or tan flecks in a dog's poop can be alarming, as it often indicates a severe infestation of roundworms or tapeworms. These flecks are actually pieces of the worms.



Small Amounts If a dog is passing less stool than the volume of food they consume, it could be a sign of a foreign object in the digestive tract. Such objects can obstruct the bowel, hindering the normal movement and elimination of feces.



MILESTONES

PET NAME	DATE	MILESTONE	NOTES



PET INSURANCE Détails

GENERAL INFORMATION

INSURANCE #1	
PET NAME:	POLICY NUMBER:
COMPANY:	POLICY NAME:
PHONE #:	GROUP CODE:
CONTACT/REP:	RENEWAL DATE:
INSURANCE #2	
PET NAME:	POLICY NUMBER:
COMPANY:	POLICY NAME:
PHONE #:	GROUP CODE:
CONTACT/REP:	RENEWAL DATE:
PET INSURANCE NOTES	



FOOD & FEEDING Schedule

SCHEDULE

DATE	TIME	FOOD TYPE	AMOUNT	NOTES
	AM: PM:	WET DRY HOMEMADE WET DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
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	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		
	AM: PM:	WET DRY HOMEMADE DRY HOMEMADE		

FAVORITE FOODS

FOOD/TREAT	ENJOYMENT	AMOUNT	REACTION NOTES



HEALTHY VS. HARMFUL



HEALTHY FOODS FOR DOGS

112/12/11/11/06/2016/11/20/06
LEAN MEATS: Cooked chicken, turkey, beef, and lean pork, with all fat and bones removed. FRUITS: Slices of apples (without seeds), bananas, blueberries, strawberries, and watermelon (without seeds or rind). VEGETABLES: Carrots, green beans, broccoli, spinach, peas, and pumpkin (all plain and can be cooked or raw). WHOLE GRAINS: Cooked oatmeal, brown rice, and quinoa, provided they're plain and free of any additives. COOKED EGGS: An excellent source of protein and can be given whole or just the whites. FISH: Cooked salmon and sardines (in water, without bones) for omega-3 fatty acids. SWEET POTATOES: Cooked, skinless, and plain, offering a rich source of dietary fiber and vitamins.
HARMFUL FOOD FOR DOGS
 □ CHOCOLATE: All types, including dark chocolate, milk chocolate, and white chocolate. □ GRAPES AND RAISINS: Even small amounts can be very toxic. □ ONIONS, GARLIC, AND CHIVES: In all forms (raw, cooked, powder), these can cause gastrointestinal irritation. □ XYLITOL: Found in sugar-free gum, candies, baked goods, and some diet foods. □ AVOCADO: The flesh, pit, and skin can be harmful. □ ALCOHOL: Even small amounts of alcohol, including foods that contain alcohol, can be dangerous. □ CAFFEINE: Coffee, tea, and any other food or drink containing caffeine are toxic. □ MACADAMIA NUTS: Can cause weakness, depression, vomiting, tremors, and hyperthermia. □ YEAST DOUGH: Can rise and cause gas to accumulate in your dog's digestive system. □ MOLDY FOODS: Can contain toxins that may cause serious health issues. □ PITS AND SEEDS FROM FRUITS: Such as peach pits, plum pits, and apple seeds - can be toxic or cause intestinal blockage.
FOOD TO GIVE IN MODERATION
 CHEESE: High in fat, so it should be given in small amounts. PEANUT BUTTER: Ensure it's xylitol-free and give in moderation due to high fat. COOKED SALMON: A good source of omega-3 fatty acids, but too much can lead to weight gain. EGGS: Although healthy, they should be given in moderation due to their fat content.

DAIRY PRODUCTS: Some dogs may be lactose intolerant, so products like yogurt should be given in small quantities.



FOOD&TREAT Recipes

RECIPE NAME:	
PREP TIME:	COOK TIME:
INGREDIENT LIST	
RECIPE INSTRUCTIONS	
RECIPE NOTES	
	June 1



DOG WALKING Log

TRACKER

DAY/DATE	NAME	WHERE TO/DISTANCE		STATU	JS
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REGULAR DOG DUTIES Checklist

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DAILY DUTIES	
Feeding: Provide two balanced meals a day. Fresh Water: Ensure constant access to clean water. Walks: Multiple walks for exercise and bathroom breaks. Playtime: Engage in play to stimulate their mind and body.	 Training: Practice commands and tricks to enhance obedience. Potty Breaks: Several breaks throughout the day and night. Companionship: Spend quality time together to strengthen your bond
WEEKLY DUTIES	
Brushing: Brush their coat to remove loose fur and dirt. Weight Check: Monitor their weight to ensure a healthy diet. Nail Check: Check if nails need trimming to avoid overgrowth. Ear Cleaning: Clean ears gently to prevent infections.	Teeth Cleaning: Use dog toothpaste and brush to maintain oral health.
MONTHLY DUTIES	
Flea and Tick Prevention: Apply preventative treatments. Heartworm Prevention: Administer medication. Bath: Give a bath to keep their coat clean and reduce odors. Grooming: If necessary for breed-specific needs.	Toy and Bed Cleaning: Wash toys and bedding to keep a clean environment.
YEARLY DUTIES	
 Veterinary Check-up: Annual wellness exam. Vaccinations: Keep up with required vaccinations. Dental Cleaning: Professional cleaning. License Renewal: Renew city/county pet license as required. 	Microchip Information Update: Ensure contact information is up-to-date.
AS-NEEDED DUTIES	
Medication: Administer prescribed medications as directed.	Paw Care: Check dog's paws for any issues

Comfort Measures: Care during fireworks, storms, etc.

people.

Socialization: Opportunities to socialize with other dogs and

Illness Care: Extra care and vet visits for any signs of illness.

Behavioral Training: Correct any behavioral issues.

Seasonal Clothing: If needed due to harsh conditions



TASK & CHORE List

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RESPONSIBILITIES

NAME	TASK	MON	TUE	WED	THU	FRI	SAT	SUN

WEEKLY TASKS

MONTHLY TASKS

NAME	TASK

NAME	IASK



PET EXPENSE Tracker



EXPENSES

DATE	FOOD	VET	MEDS	GROOMING	DENTAL	BOARDING	MISC.	DESCRIPTION	COST



DOG TRAINING Checklist

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TRAINING SUPPLY BASICS						
 ☐ TRAINING TREATS ☐ CLICKER ☐ TRAINING COLLAR OR HARNESS ☐ LONG TRAINING LEASH ☐ SHORT LEASH 	REFLECTIVE VEST (FOR YOU AND YOUR DOG) SAFETY WHISTLE TRAINING POUCH TRAINING MAT OR BED WATER BOWL AND WATER					
BASIC COMMANDS	STAY COMMANDS					
SIT WALK DOWN WAIT STAY STOP HEEL LEAVE IT COME DROP IT	 □ SIT STAY □ DOWN STAY □ STAY FOR DURATION - 30 SECS, 1 - 5 MINS □ STAY WITH DISTANCE - 5 FT, 10 FT, 15 FT □ STAY WITH DISTRACTIONS 					
COME COMMANDS	LEAVE IT					
 IMMEDIATE RECALL LONG-DISTANCE RECALL EMERGENCY RECALL ON LEASH / OFF LEASH NOISY PLACE 	 □ LEAVE IT WITH FOOD □ LEAVE IT WITH PEOPLE □ LEAVE IT WITH MOVING OBJECTS □ TOYS (NOT THEIRS) □ STICKS 					
DROP IT	DISTRACTIONS					
☐ TOYS ☐ CLOTHES ☐ FOOD ☐ STICKS ☐ OTHER	 □ OUTSIDE □ PEOPLE □ CROWDS □ CHILDREN □ CARS □ DOGS TOYS □ FRONT DOOR □ KNOCKING □ TREATS 					



MID-MORNING (9 AM - 12PM):

LUNCHTIME (12PM - 1 PM):

Short crate session with a toy.

Bathroom break and playtime.

DOGTRAINING Checklist



PUPPY (8 WEEKS - 6 MONTHS) SOCIALIZATION: Introduce to people, animals, environments. Encourage positive interactions. POTTY TRAINING: Establish schedule. Use positive reinforcement. BASIC OBEDIENCE: Teach sit, stay, come, down. Use treats and praise. LEASH INTRODUCTION: Gradually introduce leash. Start short walks indoors. CRATE TRAINING: Introduce crate as den. Acclimate gradually. Use positive reinforcement. ADOLESCENT (6 MONTHS - 1 YEAR) CONTINUED SOCIALIZATION: Expose to new experiences. Attend classes. ADVANCED OBEDIENCE: Build on commands. Practice in different environments. LEASH TRAINING: Work on loose leash walking. Use positive reinforcement. IMPULSE CONTROL: Teach "leave it" and "wait". Reward self-control. CHEWING AND BITING: Provide chew toys. Redirect inappropriate chewing. ADULT (1 YEAR AND OLDER) ADVANCED TRAINING: Maintain obedience. Refine behaviors. Challenge with new exercises. BEHAVIORAL TRAINING: Address issues like anxiety or reactivity. Use positive reinforcement. ENRICHMENT: Provide mental exercise. Use puzzle toys. Rotate activities. MERGENCY RECALL: Train recall cue. Practice regularly. Reward quickly. CONTINUED TRAINING: Reinforce behaviors. Build bond. Stay patient and consistent. DAILY CRATE TRAINING SCHEDULE AFTERNOON (1 PM - 4 PM): NIGHTTIME (8 PM - 10 PM): MORNING (7 AM - 9 AM): Bathroom break. Bedtime crate session. Another short crate session. Breakfast and crate time.

LATE AFTERNOON (4 PM - 6 PM):

EVENING (6 PM - 8 PM):

Free time and play.

Dinner and relaxation.



DOG TRAINING Schedule

TRAINING SCHEDULE

TRAINING ACTIVITY	NOTES	М	Т	W	Т	F	S	S



DOG ENRICHMENT Checklist



DOG ENRICHMENT

Dog enrichment refers to activities and practices designed to stimulate a dog's mind, engage their senses, and satisfy their natural instincts. The benefits of dog enrichment include reduced boredom and anxiety, improved problem-solving skills, and enhanced physical health and overall well-being, leading to a happier, more balanced, and contented pet.

COGNITIVE ENRICHMENT	AUDITORY ENRICHMENT
Puzzle Toys: Toys that require solving for treats. Training Sessions: Learn new commands or tricks. Interactive Games: Such as hide and seek. Food Dispensing Toys: Dog received food as it plays with toy. DIY Obstacle Course: Indoor or outdoor course to navigate.	Soothing Music: Play music specifically composed for dogs. Nature Sounds: play sounds like chirping or water flowing. New Sounds: Introduce your dog to various sounds. Interactive Toys with Sounds: Noises when interacted with. Verbal Interaction: Talk using different pitches and tones.
FOOD & TASTE ENRICHMENT	VISUAL STIMULATION
Rotating Food Flavors: Offer different flavors of foods. Frozen Treats: Freeze treats inside ice blocks for licking. Chew Toys: Give a variety of edible and non-edible chews. Lick Mats: Spreadable treats on a mat for prolonged licking. Interactive Feeding: Puzzle feeders for more engaging meals.	 Window Views: Access to a window for outdoor viewing. TV for Dogs: Play videos or channels designed for dogs. Moving Toys: Toys that move to catch their eye. Light Toys: Use toys that light up or reflect light. Changing Environment: Take different routes on walks.
PHYSICAL EXERCISE	OLFACTORY ENRICHMENT
 □ Daily Walks: Walk in varied locations for new experiences. □ Tug of War: Engage in a game of tug of war with a sturdy toy. □ Fetch: Play fetch with balls or frisbees. □ Agility Training: Set up an agility or obstacle course. □ Swimming: If your dog likes water, swimming is great exercise. 	Scent Trails: Hide treats around the house or yard. Snuffle Mats: A mat where you can hide treats. New Scents: Introduce new scents on toys or blankets. Scent Work Training: Teach scent identify specific scents. Herbal Remedies: Safe herbs or essential oils.
NOVEL EXPERIENCES	
 New Locations: Visit new parks, trails, or dog-friendly places. Playdates: Arrange playdates with other dogs. New Toys: Regularly introduce new toys to keep playtime excitir 	Different Textures: Mats, beds, or toys with various textures.Car Rides: Car rides to different environments.



DOG SOCIALIZATION Checklist



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Socializing your new dog is super important! It's all about introducing them to different people, animals, places, and things in a positive way. This helps them feel confident, happy, and relaxed in new situations. Plus, it makes them friendlier and better behaved around others. So, spending time socializing your pup now pays off big time in the long run, making them the best furry friend they can be!

HANDLING		
	uching, holding, examination) Hips, Hindquarters, Tail, etc. Sessions	Lifting and Carrying (if appropriate and safe) Desensitizing to Wearing Collars, Harnesses, and Leashes Touching and Examining the Mouth and Teeth Gently Handling and Cleaning Around the Eyes and Nose Touching and Examining the Skin and Coat
PEOPLE		
Adults Children (of different age Elderly Individuals People Wearing Hats or S People with Disabilities (6		People Wearing Uniforms (e.g., delivery & postal workers) Joggers or Runners Cyclists People with Strollers or Baby Carriers People with Loud or Unusual Voices
PLACES		
Parks Beaches Trails Pet Stores Veterinary Clinics	Grooming Salons Dog-friendly Cafes or Restaura Public Transportation (e.g., buse Outdoor Markets or Festivals Children's Playgrounds	
NOISES		
DoorbellsVacuum CleanersThunderstormsFireworksTraffic Noise	Sirens (e.g., police cars, ambular Construction Noise (e.g., hamm Loud Music Household Appliances (e.g., bleed Lawnmowers	ers, drills) Baby Crying Door Slams



DOG SOCIALIZATION Tracker



SOCIALIZATON TRACKING

INTERACTION	DATE/NOTES	ATTEMPTS					



UNLEASH THE FUN

GO ON A HIKE: Explore new trails and enjoy the great outdoors together.
VISIT A DOG-FRIENDLY BEACH: Let your dog run free and splash in the waves.
HAVE A PICNIC IN THE PARK: Pack some treats and spend a relaxing day in the park with your pup.
GO CAMPING: Set up camp in a dog-friendly campground and enjoy a night under the stars.
TAKE A ROAD TRIP: Hit the open road with your dog and explore new destinations together.
GO ON A BOAT RIDE: Rent a boat or kayak and enjoy a day on the water with your furry friend.
ATTEND A DOG-FRIENDLY EVENT OR FESTIVAL: Join in the fun at a dog-friendly event or festival in your area.
GO ON A DOGGY DATE: Arrange a playdate with other dog owners or visit a dog-friendly café.
TRY AGILITY OR OBSTACLE COURSES: Test your dog's skills and agility on an obstacle course or agility trial.
HAVE A PHOTOSHOOT: Capture special moments with your dog through a professional photoshoot or DIY session.
TRY CANINE SPORTS: Explore activities such as flyball, dock diving, or disc dog competitions.
GO ON A SCAVENGER HUNT: Create a scavenger hunt for you and your dog to enjoy together in your neighborhood.
ATTEND OBEDIENCE CLASSES: Try obedience classes or workshops to bond with your dog and improve their skills.
GO ON A DOGGY SPA DAY: Treat your pup to a day of pampering with a bath, grooming session, and massage.
VOLUNTEER TOGETHER: Volunteer at a local animal shelter or participate in therapy dog visits to spread joy to others.
TAKE A DOG-FRIENDLY VACATION: Plan a getaway to a pet-friendly destination where your dog can join in on the fun.
GO ON A WINERY OR BREWERY TOUR: Visit dog-friendly wineries or breweries and enjoy tastings together.
GO ON A CANOE OR KAYAK ADVENTURE: Explore rivers or lakes together in a canoe or kayak.
TRY DOG-FRIENDLY YOGA (DOGA): Join a doga class and practice yoga with your pup.
HAVE A DOGGY PLAYDATE POOL PARTY: Set up a kiddie pool and invite your dog's friends over for a splash.
TRY STAND-UP PADDLEBOARDING (SUP): Take your dog for a ride on a stand-up paddleboard.
GO ON A SIGHTSEEING TOUR: Explore dog-friendly landmarks and attractions in your city.
TAKE A DOG-FRIENDLY TRAIN RIDE: Ride the rails with your dog on a scenic train journey.
TRY GEOCACHING: Go on a treasure hunt with your dog and search for hidden geocaches.
HAVE A DOGGY FASHION SHOW: Dress up your dog in fun outfits and have a fashion show with friends.
TAKE A DOG-FRIENDLY COOKING CLASS: Learn to make homemade dog treats or meals together.
TRY URBAN MUSHING: Go for a run or walk with your dog while they pull you in a doggy scooter or cart.
TRY NOSE WORK/SCENT DETECTION: Train your dog's nose by participating in nose work or scent detection classes.
TRY CAMPING IN YOUR BACKYARD: Set up a tent and camp out in your backyard with your dog.



ROAD TRIP PACKING Checklist

hecklist	

	ý: ÿ:
TRAVEL BASICS	
 □ DOG FOOD □ WATER □ TREATS □ DOG BOWLS □ LEASH AND COLLAR/HARNESS 	 WASTE BAGS BLANKET OR DOG BED TOYS TRAVEL CRATE OR CARRIER CURRENT PAPERWORK/RECORDS
SAFETY	HEALTH/HYGIENE
 □ DOG SEAT BELT OR HARNESS □ DOGGY LIFE JACKET □ DOG ID TAG □ MICROCHIP INFORMATION □ DOGGY FIRST AID KIT 	 MEDICATIONS FLEA AND TICK PREVENTION BRUSH OR COMB DOG SHAMPOO DOGGY WIPES OR TOWELS
COMFORT/ENTERTAINMENT	EXTRAS
 □ TRAVEL BLANKET OR TOWEL □ FAVORITE TOY OR CHEW □ DOGGY BACKPACK □ PORTABLE DOG BED OR MAT □ INTERACTIVE PUZZLE TOY 	 DOGGY RAINCOAT OR JACKET PORTABLE DOG PLAYPEN DOGGY SUNSCREEN/SUNGLASSES DOGGY SEAT COVER FOR CAR POOP SCOOPER OR SMALL SHOVEL
NOTES	





JOON VE LIVINES	
I AM GRATEFUL FOR	DATE:
I AM CONCERNED ABOUT	
POSSIBLE SOLUTIONS	
FOSSIBLE SOLUTIONS	
NOTES	



MEALS & TREATS	DATE:
MORNING	TIME
	6 AM
	7 AM
AFTERNOON	8 AM
	9 AM
EVENING	10 AM
	11 AM
	12 PM
TODAY	1 PM
TO DO	2 PM
10 00	3 PM
	4 PM
	5 PM
	6 PM
TRAINING	7 PM
	8 PM
	9 PM
	10 PM

NOTES

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