

ULTIMATE DOG TREAT RECIPES

EASY
HOMEMADE
DOG TREATS
FOR EVERY
OCCASSION

WELCOME



Making homemade treats for your dog is a great way to save money, control your dog's diet more closely and have a little fun in the kitchen. Even if you're thinking "but I'm a horrible baker!" you can still whip up delicious goodies for your trusty canine companion. Trust me, dogs are far less picky than your two-legged family members! Plus, homemade recipes for dogs have fewer ingredients than, say, that 12-layer rainbow cake you've been eyeing on Pinterest!

At DogVills, we love sharing easy homemade recipes for dogs that don't require trips to fancy grocery stores or exotic pet stores to gather ingredients. Just about every recipe in this book- and on our site- features ingredients you either have on hand or can grab during your weekly trip to your favorite grocer.

Many of our recipes are hypoallergenic, making them great for dogs with allergies. Just keep in mind that all dogs have different allergies, so even if it says "hypoallergenic," please check with your vet to make sure it fits in with Fido's particular needs. Be sure to check out our "tips" section at the end of this book for more hypoallergenic ingredient swaps.

I know you want to dig in and start baking, so I'll let you get to it!

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BASIC DOG TREATS

Step into the world of homemade canine cuisine with our Basic Dog Treats section, where we celebrate the joy of crafting simple yet scrumptious snacks for our four-legged friends. These recipes are the foundation of dog treat baking, offering a variety of flavors and textures to delight any pooch's palate. Whether you're a beginner or seasoned pet chef, you'll find these treats are not only easy to make but also irresistibly tasty for your tail-wagger.

We've selected ingredients known for their canine appeal and health benefits, ensuring each treat is as nutritious as it is delicious. Remember, while these treats are designed to

be universally enjoyed, each dog is an individual with unique tastes and dietary needs. Always be mindful of your pet's reactions to new treats and consult with your vet if you have any dietary concerns.

As you explore these recipes, feel free to add your personal touch. Substitute ingredients, experiment with shapes, and adjust baking times to suit your dog's preferences. These basic treats are just the beginning of a journey into the rewarding world of homemade dog treats. So preheat your oven, gather your baking tools, and prepare to bake up a storm of tail-wagging happiness!



“WHOLESOME BITES FOR A HEALTHIER, HAPPIER PUP.”

BEEF STEW CRUNCHERS

BASIC DOG TREAT



350°



10 MINUTES

INGREDIENTS

1 ½ cup all purpose flour

½ cup water

2 beef bouillon cubes

½ cup crushed dry veggie chips

DIRECTIONS

Preheat the oven to 350. Dissolve the bouillon cubes into the water. Crush the veggie chips and set aside. Measure the flour into a small bowl. Add the broth and dried veggies, mix well until a soft dough forms. Add additional liquid if too dry, or flour if sticky. Put the dough onto a floured surface and use cookie cutters to make shapes, if desired. Otherwise, just twist strips into rings.

Bake for 10 minutes on a cookie sheet.

PEANUT BUTTER BASIC BISCUITS

BASIC DOG TREAT



350°



20 MINUTES

INGREDIENTS

1 cup coconut flour

1 cup oats

1 ½ tsp baking powder

1 cup water, boiling

½ cup creamy peanut butter

1 egg (or ¼ cup unsweetened applesauce for dogs allergic to eggs)

DIRECTIONS

Preheat oven to 350 degrees and line a cookie sheet with parchment paper. Flour your cutting board, the rolling pin and your hands. Combine all the ingredients in a medium-sized bowl, then knead with your hands to form a dough. Roll it out to 1/4 inch thick, using your cookie cutter (bone), cut out as many treats as your batter will allow.

Bake at 350 degrees for 20 minutes or until slightly brown. Cool before serving.

PUMPKIN & OATS TREATS

BASIC DOG TREAT



350°



15 MINUTES

INGREDIENTS

1 banana

3 tbsp pumpkin puree

1 egg

¼ cup rolled oats

1 ½ cups garbanzo bean flour

DIRECTIONS

Preheat oven to 350. Mash the banana and pumpkin puree together in a large bowl. Make it a chunky mash, not too fine. Add in the oats and the egg. Stir to combine. Add the flour and stir to blend all ingredients together well.

Scoop up tablespoons and drop on your lightly greased cookie tray about an inch apart.

Bake for 15 minutes. Cool before serving.

PUMPKIN DONUT HOLES

BASIC DOG TREAT



350°



15 MINUTES

INGREDIENTS

1 cup flour

1 large egg

½ cup pumpkin puree

½ tsp baking soda

¼ salt

DIRECTIONS

Preheat oven to 350. In a medium bowl, beat egg and pumpkin until smooth. You can whisk by hand or use an electric mixer. Fold (by hand) in the flour, baking soda and salt. Mix well until fully combined and a soft dough forms.

Refrigerate for about 10 minutes or until dough can easily be rolled into balls. Roll into desired sized balls and place on a cookie sheet.

Bake for about 15 minutes or until golden brown.

ALMOND OATMEAL TREATS

BASIC DOG TREAT



350°



12 MINUTES

INGREDIENTS

1 cup rice flour

½ cup oatmeal

½ cup almond butter

2 eggs

2 tbsp water

DIRECTIONS

FRESH BREATH DOG TREATS

BASIC DOG TREAT



325°



30 MINUTES

INGREDIENTS

- 3 cups old-fashioned oats (gluten-free)**
- 1 cup fresh parsley, loosely packed and finely chopped**
- 1 medium carrot, peeled and grated**
- 1 ripe banana, peeled**
- 1 large egg, beaten**
- 1 tbsp coconut oil, melted**

DIRECTIONS

Preheat oven to 325°F. In a blender, pulse the oat until it becomes like flour. Set aside. Mash the banana in a bowl. Add the beaten egg and coconut oil. Mix well. In another bowl, mix the carrots and parsley. Add the oats and the banana. Mix slowly, so it evenly distributes. Knead until moistened. Dust flour on a clean surface or large cutting board. Put the dough on the surface. Knead it for few minutes until you form a soft ball. With your hands, pull away small pieces and roll them into ball. Flatten slightly with your hand. Place each ball on cookie sheet lined with parchment.

Bake for 30 minutes or until they are just a nice golden brown color. Store the treats in an airtight container after they cool.

NO BAKE PEANUT BUTTER TREATS

BASIC DOG TREAT



NO BAKE



1 HOUR

INGREDIENTS

- 1 cup pumpkin puree (note, NOT pumpkin pie mix)**
- ¼ cup peanut butter**
- ¼ cup milk (any type of milk)**
- 3 cups old fashioned oats, (divided as below)**

DIRECTIONS

Beat the pumpkin puree, peanut butter and milk on medium-high in the bowl of an electric mixer using the paddle attachment. If you don't have one, you can also use a plain old bowl and spatula; you'll just have to work a little harder. Gradually add 2½ cups old fashioned oats at low speed, beating just until it's mixed in. Using a small scoop or spoon, roll the mixture into ¼-to-½-inch balls. You'll get about 20 out of it.

Roll the balls in the other ½ cup of oats, pressing down just a little so they coat the balls. Cover and place in the refrigerator for about an hour, or until they're nice and firm.



EASY CHEESY CHEDDAR TREATS

BASIC DOG TREAT



375°



15 MINUTES

INGREDIENTS

½ cup grated cheddar cheese

3 tbsp olive oil

3 tbsp applesauce

1 cup flour

Milk (see recipe for details)

DIRECTIONS

Add all the ingredients minus the milk to a bowl. Slowly add milk, just enough to bring it all together until you can form a sticky ball. Cover and chill for an hour. Now roll into bite-sized balls or roll onto a floured surface and cut into shapes. Transfer to a cookie sheet.

Bake at 375 degrees for 15 minutes or until golden brown.

FIDO'S CAROB CHIPPERS

BASIC DOG TREAT



350°



10-15 MINUTES

INGREDIENTS

1 cup rice flour

½ cup carob powder

1 tsp cinnamon

¾ cup water (plus more as needed)

Handful of carob chips (optional)

DIRECTIONS

Preheat oven to 350 degrees and line a baking sheet with parchment paper. Combine all ingredients in a large bowl. Knead with hands until a smooth dough forms. Add a teaspoon of water at a time if the dough is too dry. Roll out the dough onto a floured work surface, about ¼ inch thick. Use a cookie cutter to cut into treats. Transfer to baking sheet.

Bake for 10-15 minutes. Cool before serving.



FROZEN PB & BANANA POPS

BASIC DOG TREAT



NO BAKE



2+ HOURS

INGREDIENTS

- 32 oz. vanilla yogurt**
- 1 medium ripe mashed banana**
- 2 tbsp peanut butter**
- 2 tbsp honey**

DIRECTIONS

Just put all the ingredients into a blender, then blend until smooth! Pour the mixture into an ice-cube tray and freeze for approximately 2 hours or more. You can also pour it into those little Dixie cups, then cut away the cup before serving, but the ice-cube tray method is a lot more convenient when you have a packed freezer like I do!

LOW-CAL CARROT CRUNCH

BASIC DOG TREAT



350°



25 MINUTES

INGREDIENTS

- 1 medium ripe banana**
- 1 cup shredded carrots**
- ¼ cup unsweetened apple juice**
- ½ cup water**
- 1 ½ cup whole wheat flour**
- 1 cup rolled oats**

DIRECTIONS

Preheat oven to 350. Place parchment paper on your cookie sheet. Using a medium bowl, mash the banana, then stir in the carrots and juice. Add your dry ingredients and combine until they are mixed. Knead into a dough, turn it out onto a floured surface. Roll it until it is about ¼ inch thick. Use your favorite cookie cutter to cut into shapes, then make strips with the excess.

Bake for 25 minutes. Let cool before serving.



BANANA COOKIES

BASIC DOG TREAT



300°



30 MINUTES

INGREDIENTS

1 ½ cup oat flour (plus a little more as needed)

½ cup nonfat powdered milk

1 egg

½ cup mashed ripe banana (add 1/4 banana more if not using egg)

¼ cup melted coconut oil

1 vegetable or chicken bouillon cube

½ cup hot water

1 tablespoon brown sugar

DIRECTIONS

Mix all of the ingredients in a large bowl until blended. If it's too runny, add a teaspoon more oat flour at a time until it forms a nice dough. Knead on a floured surface. Roll out to about ¼ inch thick. Cut into shapes. Mix all ingredients until well blended. Knead for 2 minutes on a floured surface.

Roll to 1/4 " thickness. Use a 2 1/2" bone shaped cookie cutter (or any one you prefer). Bake for 30 minutes in a 300 degrees oven on ungreased cookie pans.



HYPOALLERGENIC DOG TREATS

The treats in this section are specially formulated for dogs with allergies. While we do our best to eliminate all the most common allergens, please remember that every dog is different. If your dog has extreme allergies, it's best to run ingredients by your vet or canine nutritionist first. The most common allergens in dogs, in order, are: beef, dairy products, chicken, lamb, fish, chicken eggs, corn, wheat and soy. Since some of the hypoallergenic recipes do contain one of these ingredients (most commonly, eggs), Here's a list of alternatives. If your dog is allergic to one of the ingredients in these recipes, try swapping it out with an alternate. Yes, it will change the taste and maybe even the consistency a bit, but your dog will still enjoy it!



Alternatives for common allergens:

Beef: substitute with another more allergen-friendly meat. Ground turkey almost always works in place of ground beef. If you want to get fancy and have a specialty butcher nearby, venison is a good alternative.

Dairy: This runs the gamut from milk to yogurt. If a recipe calls for milk, you can use almond milk in its place IF it's not sweetened with xylitol (it's deadly for dogs) or flavored in any way. Soy milk is another alternative as long as your dog doesn't have a soy allergy. Just use both in moderation. For recipes that call for yogurt, you can sub with sour cream, dairy-free yogurt (sold in stores) or silken tofu. You can also try your hand at making your own dairy-free yogurt. Just search for recipes.

Chicken: Turkey is the easiest substitute. If the recipe calls for a chicken broth, you can swap it with a vegetable broth instead.

Lamb: Pretty much any other meat that your dog isn't allergic to. We don't have any recipes with lamb in it, so you're safe here.

Fish: Again, just swap it out for a protein that your dog can handle. We don't have any fish recipes.

Chicken Eggs: While not as common as dairy allergies, dogs can be allergic to chicken eggs. You can either swap it out with another type of egg or use an alternative such as ¼ cup applesauce per egg, ½ banana per egg, or a mixture of 1 tablespoon water, 1 tablespoon vinegar, 1 teaspoon baking powder per egg.

Corn or wheat: Substitute corn or wheat flour with oats, pea flour, chickpea flour, coconut flour, lentil flour or tapioca

SWEET POTATO “JERKY” TREATS

HYPOALLERGENIC DOG TREAT



250°



2-3 HOURS

INGREDIENTS

1 large sweet potato

1 tbsp olive oil or melted coconut oil (see below)

Cinnamon (see below for alternative spices to add)

DIRECTIONS

Preheat oven to 250. Line baking sheet with foil or parchment paper. Wash and dry the sweet potatoes, then slice into thin circles (about ¼ inch thick). Combine your oil and cinnamon. If you are using coconut oil, melt it in the microwave for about 10 seconds. If it's still not melted, just add a few seconds at a time until it is. If you're using olive oil, no need to melt. Toss the sweet potatoes in the oil & cinnamon mixture. Place on your cookie sheet evenly spaced.

Bake for 2-3 hours, until they are nice and chewy, like a jerky texture. Cool and serve! Store left overs in an airtight container.

ZUCCHINI VEGGIE TREATS

HYPOALLERGENIC DOG TREAT



350°



25 MINUTES

INGREDIENTS

2½ cups rice flour

1 cup cooked zucchini

6 tbsp low sodium, low fat broth

½ cups cold water

1 tsp dried parsley

DIRECTIONS

Preheat Oven to 350 degrees. Combine the rice flour and the dried parsley together in a large bowl. In another bowl, combine the zucchini, broth and water. Gently mix the dry and wet ingredients. Knead the mix with your hands until it forms a dough. Using your hand or a spoon, scoop out balls of mix, roll into treats, then flatten with your hand. Place them on a non-stick baking sheet or round cake pan.

Bake for about 25 minutes. Store in an airtight container, and freeze any treats that your dog won't consume within a week.

COOL BERRY BLAST TREATS

HYPOALLERGENIC DOG TREAT



NO BAKE



30-60 MINUTES

INGREDIENTS

Strawberries and blueberries (equal amounts of both)

Optional: ½ tsp of Honey

DIRECTIONS

Blend the blueberries and, if desired, the honey in a blender until smooth. Pour into your cup or mold, filling halfway. If you're using a larger plastic cup, just fill it up about half an inch or so. Freeze for about 30 minutes to one hour. Blend the strawberries and honey until smooth. Pour over top the frozen blueberries, creating a layer about the same size as the blueberries.

Freeze until solid. Pop out and serve to your pooch!

CHICKEN BISCUITS

HYPOALLERGENIC DOG TREAT



325°



15-20 MINUTES

INGREDIENTS

2½ cups rice flour

3 tbsp vegetable or canola oil

½ tsp salt

⅓ cup chicken broth or water

DIRECTIONS

Preheat oven to 325. Mix all ingredients in a bowl to form a dough-like consistency. Roll out on a lightly floured surface to ¼ inch. Cut with bone-shaped cookie cutter. Place on a cookie sheet.

Bake at 325° for about 15-20 minutes, just until the bottoms turn slightly brown. Remove and let cool. Store in airtight container.

LIMITED-INGREDIENTS TREATS

HYPOALLERGENIC DOG TREAT



325°



15-20 MINUTES

INGREDIENTS

1 ¼ cups rice flour

3 tbsp coconut oil

½ tsp salt

⅓ cup water

DIRECTIONS

Preheat oven to 325 and line a cookie sheet with parchment paper. Stir all ingredients in a bowl until you achieve a play-dough like consistency. If it's too dry, add 1-2 tablespoons of water. Knead the dough until smooth. Toss rice flour onto your cutting board, then roll out the dough to about ¼ inch in thickness. Use your cookie cutter to cut out the treats and place on lined cookie sheet.

Bake 15-20 minutes, until just brown on the bottom. Cool, then store in airtight container.

COCONUT PEANUT BUTTER BONES

HYPOALLERGENIC DOG TREAT



325°



15-20 MINUTES

INGREDIENTS

1 cup coconut flour (or sub with wheat flour)

1 cup oats

1½ tsp baking powder

1 cup water, boiling

⅓ cup creamy peanut butter

1 egg (sub with ¼ cup of applesauce if dog is allergic to eggs)

DIRECTIONS

Preheat oven 350 degrees. Line a cookie sheet with parchment paper. Flour cutting board, the rolling pin and your hands. Working with your hands, knead the batter, adding a bit more flour if it is too sticky. Roll dough out onto work surface with floured rolling pin to about ¼ inch thick. Use cookie cutter to cut out shapes. Transfer to cookie sheet.

Bake for 20 minutes. Cool.



HOLIDAY DOG TREATS

Step into a world of festive flavors with our Holiday Treats section, where we've lovingly prepared recipes to celebrate the season alongside your canine companion. These recipes are infused with the spirit of joy and festivity that holidays bring, tailored to create memorable moments for you and your dog. From heartwarming Thanksgiving morsels to jolly Christmas delights, and every celebration in between, our treats are the perfect way to include your pooch in the family festivities.

As we embrace the spirit of giving and feasting, it's important to consider your dog's dietary restrictions and consult your vet before introducing new holiday ingredients. Whether it's a pumpkin-flavored Thanksgiving snack or a gingerbread-inspired Christmas treat, these recipes are sure to make your dog's holiday merry and bright. Enjoy the process of baking, sharing, and savoring these treats with your beloved pet, and may your holiday season be filled with love, laughter, and plenty of tail wags!



“MAKING HOLIDAYS BRIGHTER, ONE TREAT AT A TIME.”

NEW YEAR'S DOG TREATS

HOLIDAY DOG TREATS



375°



15-20 MINUTES

INGREDIENTS

1 cup peanut butter

½ cup skim milk

1 tbsp baking powder

2 cups wheat flour

Cocktail glass cookie cutter

Wine bottle cookie cutter

ICING INGREDIENTS

4 ounces of cream cheese (room temp)

2 tbsp vegetable oil

1 tsp vanilla

½ tsp honey

DIRECTIONS

Preheat the oven to 375 degrees. Line a baking sheet with parchment paper. Add the peanut butter to the milk. Whisk together the baking powder and flour in a bowl. Gradually add the dry ingredients to the wet ingredients. Mix all ingredients together until well blended. Cover the counter top with parchment paper. Sprinkle some wheat flour on the parchment paper lined counter top. Roll out the dough out onto the lined counter top. Use cookie cutters to cut out treats. Put the cookies on the lined baking sheet. Bake for 15-20 minutes. Allow to cool on the baking sheet for about 10 minutes. Transfer to a wire rack for cool.

Icing Directions:

Beat cream cheese for 1-2 minutes or until it has a creamy texture. Add the oil, vanilla, and honey, mix until well blended. Check for a thick texture. If not place the mixture in the fridge for about 30 minutes. Scoop the icing into a piping bag with a small tip. Add the details to the dog treat as outlined in the picture or outline both the cocktail glass and bottle. Store the iced treats in the fridge and serve them for no more than 3 days.

VALENTINE'S DAY LOVE BISCUITS

HOLIDAY DOG TREATS



350°



10 MINUTES

INGREDIENTS

1 cup whole wheat flour

1 cup oats

½ - 1 cup beef broth

¼ cups creamy peanut butter

Dog bone cookie cutter

ICING INGREDIENTS

12 ounces of cream cheese (room temp)

2 tsp honey

1 tsp vanilla

DIRECTIONS

Preheat oven to 350 degrees. Line a cookie sheet with parchment paper. Blend flour and oats. Add ½ cup beef broth and peanut butter to the flour & oat combination. Mix well. Add more beef broth if needed to make a thick dough. Using your hands form the dough into a ball. Cover a cutting board and rolling pin with flour. Roll out to ¼ inch, using the bone cookie cutter, cut out the dog treats. Bake for 10 minutes on each side or until golden brown. Cool completely on a wire rack.

Icing Directions:

Add the ingredients together. With a hand mixer beat until fluffy. Scoop the frosting into a piping bag with a #2 tip to outline the treats or make designs on them. Set them aside until the frosting has dried.

CINNAMON PUMPKIN HEARTS

HOLIDAY DOG TREATS



350°



15 MINUTES

INGREDIENTS

1 cup pumpkin puree (not pumpkin pie blend)

2 eggs, lightly beaten

¼ cup packed brown sugar

1 ½ cup whole wheat flour

1 tsp baking soda

1 tsp cinnamon

3 cups rolled oats

DIRECTIONS

Preheat oven to 350° F. Lightly spray baking sheet with cooking spray with flour. In a small bowl combine the pumpkin and eggs. In a large bowl, whisk together the brown sugar, flour, baking soda, and cinnamon. Next, stir in the rolled oats. Make a well in the center of the oat mixture. Pour in the pumpkin mixture. Thoroughly stir together until combined. Using a cookie scoop, scoop the batter onto the cookie sheet. Flatten into a cookie shape with a small glass dipped in water so the cookie won't stick. Use your cookie cutter to cut out your shapes.

Bake for 15 minutes. Cool completely on a wire rack.

EASTER BASKET TREATS

HOLIDAY DOG TREATS



350°



30-35 MINUTES

INGREDIENTS

2 cups unbleached flour

½ cup corn meal

½ cup oil

¾ cup beef broth

Easter cookie cutters

DIRECTIONS

Preheat oven to 350°. In a bowl combine the Flour and Corn meal. Add the Oil and Broth and stir to combine. Knead the dough until smooth. Roll to a ¼ inch thick on a floured surface. Cut out desired shapes, knead scraps together and repeat. Stick with egg shapes to keep it Easter-themed, or go wild and create all different shapes! You can also get some other cute Easter shapes from Amazon. The Wilton Easter cookie cutters are really cute. Since they're metal, they last a long time. Place on lightly greased cookie sheets.

Bake at 350° until firm and golden brown, 30-35 minutes. Store in an airtight container.

SPIDER HALLOWEEN TREATS

HOLIDAY DOG TREATS



350°



8-15 MINUTES

INGREDIENTS

2 ¾ cups water

¼ cup applesauce (nonsweet)

2 tbsp honey

½ tsp vanilla

1 egg, room temperature

4 cups oat flour

1 tbsp baking powder

ICING INGREDIENTS

1 ½ tsp meringue powder

½ cup powdered sugar

3-4 tbsp warm water

Black gel food coloring

DIRECTIONS

Preheat oven to 350 degrees. Line a cookie sheet with parchment paper. Combine oat flour and baking powder in a bowl. Whisk together water, applesauce, honey, egg and vanilla. Add flour mixture a little at a time, mixing until incorporated fully. Wrap dough in plastic wrap. Refrigerate for 1-2 hours. Take out of the fridge and allow to soften. Roll out dough on floured surface with a flour covered rolling pin. Cut out the doggie treats with cutter. Transfer the Spider to a parchment lined cookie sheet. Bake for 8-15 minutes. Allow to cool.

Icing Directions:

Combine all ingredients. Beat on low until blended or until it can hold a stiff peak. Add black gel food coloring. Mix well. Scoop into a frosting bag with a #2 tip to ice the spider.

HALLOWEEN DOG TREATS

HOLIDAY DOG TREATS



350°



40 MINUTES

INGREDIENTS

- 2 ½ cups whole wheat flour**
- 2 eggs, room temp**
- ½ cup canned pumpkin**
- 2 tbsp creamy peanut butter**
- ½ tsp salt**
- ½ - 1 tsp ground cinnamon**
- 1 tbsp water (use only if needed)**

DIRECTIONS

Preheat oven to 350 degrees. Line cookie sheet with parchment paper. Whisk all ingredients together except the water. Add water only if the dough won't combine well. Dough should be dry. Work the dough with your hands so that you can roll it into a large roll. Flour a large cutting board and rolling pin. Divide the dough into half. Roll the dough to about 1/2 inch and begin to cut out your Halloween shapes.

Bake for 40 minutes, then cool on cookie sheet for 10 minutes. Finish cooling on wire rack. Repeat with the rest of the dough.

THANKSGIVING DOG TREATS

HOLIDAY DOG TREATS



350°



10 - 15 MINUTES

INGREDIENTS

- ½ cup pumpkin puree**
- 1 tbsp molasses**
- 1 tbsp water**
- 1 tbsp vegetable oil**
- 2 cups whole wheat flour**
- ¼ tsp baking soda**
- ¼ tsp baking powder**

ICING INGREDIENTS

- 1 ½ tsp meringue powder**
- ½ cup powdered sugar**
- Golden yellow gel food coloring**

DIRECTIONS

Preheat oven to 350 degrees and line a cookie sheet with parchment paper. Mix the pumpkin puree, molasses, oil, and water together in a large bowl. Whisk whole wheat, baking soda and baking powder together in a separate smaller bowl. Combine the wet and dry ingredients, stir well. Wrap dough in plastic and refrigerate for 2 hours. Remove dough and allow to soften for about 15 minutes. Roll the dough out onto a floured cutting board. Using a turkey cookie cutter, cut into shapes. Carefully transfer shapes to the cookie sheet.

Bake for 10-15 minutes.

CHRISTMAS TREE TREATS

HOLIDAY DOG TREATS



350°



8 MINUTES

INGREDIENTS

2 cups wheat flour
½ tsp baking powder
½ cup creamy peanut butter
1 cup skim milk

ICING INGREDIENTS

1 ½ tsp meringue powder
½ cup powdered sugar
3-4 tbsp warm water
Green and red gel food coloring

DIRECTIONS

Preheat oven to 350 degrees. Combine flour and baking powder in a bowl. Whisk together the milk and creamy peanut butter. Add flour mixture a little at a time, mixing well. Flour your cutting board and roll out dough with flour-covered rolling pin. Use a tree cookie cutter to cut out shapes. Transfer to parchment lined cookie sheet. Bake for 8 minutes then cool.

Icing Directions:

Combine all ingredients (not food coloring) and beat with an electric mixing until icing can hold a stiff peak. Divide the icing into two bowls - bowl #1 add green coloring, bowl #2 add red coloring - stir well. Put green icing into a frosting bag with #2 tip. Outline the Christmas tree with the green icing. Allow the outlining to dry. Put red icing into new frosting bag with a #2 tip. Add small red dots to the tree for decorations. Allow to dry for about 1 hour. Check to see if the icing is dry.

MASON JAR GIFTING TREATS

HOLIDAY DOG TREATS



350°



10 MINUTES

INGREDIENTS

1 cup mashed potatoes (fresh yams baked and mashed)
1 cup whole wheat flour
½ cup peanut butter
Mason jar with lid

DIRECTIONS

Preheat oven to 350 degrees. Line a cookie sheet with parchment paper. Stir the peanut butter and sweet potatoes together, adding ¼ cup of the flour as you go along. Mix well. Flour a rolling pin and a flat work surface. Form the dough into a ball. Roll the ball out with the rolling pin. Cut dough into shapes. Place on your cookie sheet.

Bake at 350 degrees for 10 minutes. Let cool before placing in mason jar. Decorate mason jar with fabric or ribbon (optional). Keep in fridge for up to a week.